

The Heritage East Herald

Volume XXIII, Issue I February 2013



HEAR's Mission: Heritage East Association of Residents is committed to preserving and enhancing the beauty, safety, and enjoyment of our neighborhood.

HEAR President's Report

Welcome to 2013! Last year was a very productive year for HEAR and I hope you noticed some of our accomplishments.

The new gravel being placed between the sidewalk and the curb is a result of a cooperative effort between HEAR, Councilor Brad Winter, the Heritage Hills Neighborhood Association, and the Cherry Hills Civic Association. The work is being done in phases, but when complete the entire parkway along Ventura from Harper to Paseo del Norte will be graveled.

Another major change initiated by HEAR was the hiring of U.S. Security to provide surveillance in our neighborhood. I have received many comments and compliments from residents regarding the regular patrols throughout our subdivision. We live in one of the safest, non-gated neighborhoods in the city and it is our goal to keep it that way.

HEAR Board elections were held at our October annual meeting and all incumbent Board members agreed to remain for another term. This is an active Board and they deserve our thanks for their hard work on behalf of all Heritage East residents. A strong board, however, requires new blood and new ideas and it is not too early to think about volunteering for the next election!

You will be receiving a dues notice shortly and your membership is important to the continued success of our association. We now have over 600 members, giving us a strong voice in issues of importance to our neighborhood. Dues are still only \$20 a year, which pays for our security team, as well as other projects in the neighborhood, including regular trash and litter pick-up, new subdivision signs and other amenities that help to make our neighborhood one of the most desirable in the city. We are also always looking for new ways to spend our dues to improve the neighborhood. If you have any ideas, please contact me or any HEAR board member.

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HEAR General Membership Meeting

HEAR will be holding the next General Membership Meeting on April 18, 2013. Light refreshments will be provided. All Heritage East residents are invited and encouraged to attend!

Date: Thursday April 18th

Time: 7:00 p.m. (join us at 6:30 p.m. for a meet and greet)

Location: North Domingo Baca Multi-Generational Center, 7521 Carmel NE (west of Wyoming, just north of Paseo del Norte)

I would like to give a special "thank you" to Cynthia Benning who produced this newsletter for the past 3 years. She has since gone to Hollywood on us and is spending her time as one of New Mexico's premier background performers. She has appeared in several movies and TV shows filmed here. Best of luck, Cynthia. Just don't forget us little people when you reach the top!

We are fortunate to have another Cynthia, Cynthia Benedict stepped forward to assume the newsletter duties. Cynthia Benedict is a long time HEAR volunteer and we are fortunate to have her on the
continued on pg. 2

Aluminum Recycling Report

October 2012-116 lbs., \$75.40
November 2012-87 lbs., \$52.20
December 2012-71 lbs., \$39.05
January 2013-46 lbs., \$27.60



Next recycling dates:

Saturday February 2, 2013
Saturday March 2, 2013

Please save your recyclable aluminum (cans, foil etc.) for HEAR's monthly recycling collection every first Saturday of the month from 8:30-11:00 a.m. at Rotary Park (7725 Quintana Dr.). All proceeds benefit HEAR. If you can't make it to the park, call Susan Tackman, HEAR Recycling Chair at 822-8761 to arrange an alternative way to donate your aluminum.

Thanks to everyone who participates in our recycling program!

Recycle Bins Delay

Solid Waste department of the City of Albuquerque has informed the HEAR board that there will be a delay in the time table for getting our recycle bins. The reason: an independent company is building a processing facility now and it will be completed by March 2013. Solid Waste said their current facility couldn't handle the volume if they put them out in 2012 (as previously planned). Shortly after March is when they will start disbursing the bins. All Albuquerque neighborhoods will have those bins by the end of 2013. They will do a special mailing to us to let us know when we will be getting ours. Starting in March, however, cabq.gov web site will have more information. Enter your zip code and the site should let you know when to be expecting your new bin.

Stephanie Jorgensen, HEAR Secretary

Phone Book Recycling

When: January 7, 2013-
March 1, 2013



Where:

- Smith's Grocery Stores
- Solid Waste Management Dept: 4600 Edith NE

Large bins clearly marked with large signs will be near each of the locations.

This program is brought to you by the City of Albuquerque, Keep America Beautiful and Smith's Grocery Store


HEAR President's Report (cont. from pg. 1)

job. Welcome Cynthia!

The weather may still be cold outside, but the days are getting longer and spring is rapidly approaching. The March winds will soon produce the annual spring clean-up in April. Residents will be notified of the date and help is always appreciated. Remember, this is your neighborhood and you can help to keep it a great neighborhood!

The semi-annual meeting will be held on April 18th at the North Domingo Baca Multi-generational Center. I hope to see you there!

Doug Crandall, HEAR President



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- Low cost vaccination/microchip clinics 1st and 3rd Sundays of the month.



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Neighborhood Security Update

Dear Friends and neighbors,

I'd like to take this time to give you a brief update on the recent security activities of U.S. Security Associates.

As some of you may have observed, during the month of November and running until Christmas, U. S. Security switched from nighttime patrols to daytime patrols, during weekdays. They maintained nighttime patrols on the weekends. Some may have wondered why this was so.

The reason the HEAR board of directors decided to do this, is because we felt that, the period prior to the Christmas holiday is time when, unfortunately, nefarious characters most like to perform home break-ins and steal those presents you purchased for family and loved ones. So, we felt as this usually happens during working hours, it would be wise to patrol during the day as a possible preventative.

During these daytime patrols, many of you may have been approached by a patrol officer about your open garage doors. I know this because I receive all of the written reports of these episodes from U. S. Security. In most, but not all cases, there was a resident present that the patrol officer would engage. If no one was visible to the officer, he would do a 'walk-up' and inform the homeowner.

This is the perfect segue to discuss open garage doors and the board's changed policy regarding them. At our October general membership meeting the subject of open garage doors, and how U. S. Security would respond to them, was discussed at great length. It was this discussion that led to the following policy change:

The original policy, as stated in the prior HEAR newsletter, was that, on weekdays and Sundays, if the U. S. Security patrol officer observed an open garage door at 10 p.m. or earlier, they would do a walk-up to notify the resident. On Friday and Saturday nights they would do a walk-up until midnight.

During the general membership meeting the majority of residents felt strongly that there should be NO time limit for the patrol to do a walk-up when they encountered an open garage door! In the ensuing discussion, by the HEAR board members, it was unanimously decided that we would implement this change to eliminate the time restrictions and inform U. S. Security of this new policy. Which the board did.

In conclusion: Currently and ongoing, regardless of the hour, if a security officer encounters a open garage door, they WILL do a walk-up and attempt to inform the resident that their garage door is opened!

As this doorbell-ring may come at any time during the night, I implore you; please, prior to retiring for the evening, check your garage door to ensure it is closed. It will surely save you from potential theft, and that jarring doorbell-ring!

And, if you observe a neighbor's garage door is open, please be your neighbor's keeper and inform them. It's the neighborly thing to do. And, they'll appreciate your concern.

Neil Schwartz, HEAR Vice President

Crimeview Community

APD provides an online tool that average citizens can use to see what crime incidents have been reported in their neighborhood by type and date range. For Heritage East, there were 20 incidents reported between October 1, 2012 and December 31, 2012.

burglary (9 house, 3 auto):12
auto theft:1
vandalism:2
traffic accidents:2
disturbance:1
disorderly conduct:2

Source of information:
crimeview.cabq.gov

Neighbor-to-Neighbor Mediation

Often conflict arises between neighbors and because tension mounts over time these individuals have difficulty talking about their differences. Mediation can help improve communication, diffuse the current situation and assist in helping individuals find better ways to work together so that they can become better neighbors in the future.

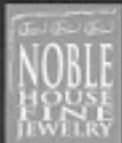
Mediation services are available for the following types of situations: noise, nuisance, property maintenance, pets, harassment, landlord-tenant

Mediation is a voluntary, private dispute resolution process in which a trained Mediator assists the parties in reaching an outcome that is mutually agreeable.



This is a FREE service that the City of Albuquerque offers to all Albuquerque residents. For more information about this program, please contact the Alternative Dispute Resolution (ADR) Office at (505) 768-4500.

by Shannon Beaucaire-Alternative Dispute Resolution. Taken from *Neighbor News-A Publication of the Office of Neighborhood Coordination*, September/October 2012.



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For The Birds

Do you ever wish you had more birds in your backyard to enjoy on cold winter days such as we had in January? With very little effort you can attract them by providing what they need, food, water, and shelter. Most of the birds which frequent our neighborhood are ground feeders such as House Finches, House Sparrows, Juncos, White-winged, Mourning, and Eurasian Collared Doves which can be attracted by simply scattering mixed grain on the ground in an area near escape cover and which can be seen from the house. Tiny Pine Siskins and colorful Lesser Goldfinches can be easily attracted by providing niger (sometimes called thistle) in a mesh bag or thistle feeder. Also popular with most of the birds are suet cakes in a plasticized wire feeder, and peanut butter pressed into the bark of trees, or in holes drilled in small pieces of firewood. Downy and Ladder-backed Woodpeckers, and Red-shafted Flickers will use nearly any kind of feeder, and Western Scrub Jays will eat nearly anything, no matter how it is offered.



Then there are Rock Pigeons, present in great numbers, here as in any large city! They can be discouraged by feeding the other ground-feeding birds under shrubs along a wall. They are reluctant to enter such as area which lacks an easy escape route. Cooper's Hawks, which feed on birds, mostly doves, can be a problem, but should be recognized as a natural part of the food chain.

In Winter, birds have a hard time finding water which is just as important as food. On mornings when the temperature is below freezing, I pour boiling water into the bird waterer, and it is immediately surrounded by thirsty birds.

Bird food, feeders, etc., can be found at Walmart, Target, Lowe's, Wild Birds Unlimited and even grocery stores. No large investment is necessary; just a little thoughtful kindness during the cold winter, and you too can help and enjoy your feathered neighbors. Watching them is a pleasant way to lessen the daily stress of modern living.

Bob Buttery



Amy McGuckin

Associate Broker

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Words of Wisdom

Go confidently in the direction of your dreams. Live the life you have imagined. *Henry David Thoreau*

Fire Safety for the Elderly

It is that time of the year that people fire up their home appliances to keep warm but they must ensure safety measures have been implemented and they know important fire safety tips to prevent fire. Since the beginning of Fall, the Albuquerque Fire Department has responded to six fires in which half were caused by home heating appliances.

People 65 years and older are at a significantly higher risk of dying in home fires than the rest of the general population. The risk of fire death increases exponentially with every new decade of age after a person reaches 65. An elderly woman had to be rescued by firefighters because she was trapped behind a double bolted door. Please read over the following safety tips to protect yourself, and your family and home from fire.

1. Install smoke alarms in every home, on every level, outside each sleeping area and in each bedroom.
2. Know two ways out of every room and practice a home escape plan once a month.
3. Heating:
 - a. Have heating equipment and chimneys cleaned and inspected every year by a qualified professional.
 - b. Keep anything that can burn at least three feet away from heating equipment, like the furnace, fireplace, wood stove, or portable heater.
 - c. Make sure the fireplace has a sturdy screen to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container outside away from anything that can burn.

continued on pg. 7

Now In Your Neighbourhood!

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Health & Lifestyle Director

Sunil Pai, MD
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Some Helpful Hints about Yard/Garage Sales

City Rules (for residences):

- One garage/yard sale allowed every twelve months
- A sale may not exceed three days in length
- Only normally accumulated household goods can be sold
- Only one non-illuminated sign, no more than six sq. feet area.
- No signs in medians or on utility poles
- Call the City's Zoning and Residential Code Office at (505) 924-3850 for questions

Recommendations:

- Safety in Numbers: If possible, have an assistant to help you. Have a designated cashier/bagger. Consider having a "greeter".
- Visibility: Be out in the open, not hidden away out of sight. Good sight lines are safer. Avoid having a garage sale IN the garage; use the driveway and front yard.
- Pricing: Make sure customers know ALL SALES FINAL. You want to avoid someone coming back to your home the next day to try to return something for a refund.
- Cash handling: Have lots of change (singles, quarters)
- Mid-way through sale: Stop a moment and assess; consolidate unsold items.

by *Jill Garcia*. Taken from *Neighbor News-A* Publication of the Office of Neighborhood Coordination, July/August 2012.

Fire Safety ... (cont. from pg. 6)

- d. Remember to turn portable heaters off when leaving the room or going to bed.
4. Install battery operated CO detector in your home and check or replace the battery when you change the time on your clocks.
5. If you have elderly family members or neighbors, please check on them regularly to ensure their homes are fire safe.

To create your own Home Fire Escape Plan, go to http://www.nfpa.org/assets/files/pdf/escape_plan.pdf For more safety tips, go the the City of Albuquerque's website at www.cabq.gov/fire or NFPA's Website at www.nfpa.org.

by *Melissa Romero*. Taken from *Neighbor News-A* Publication of the Office of Neighborhood Coordination, November/December 2012.

9320 Mabry 9623 Macallan 9219 Meriwether 7233 General Kearney 9600 Messervy 7208 General Kearney 9528 Giddings 7857 Quintana 9636 Allande 9629 Peralta 7412 Lew Wallace 9524 Cargo 9400 Macallan 9420 Peralta 717 Palomas 7301 Don Tomas 9100 Freedom Way 7501 Jacobo 9104 Thornton 9652 San Bernardino 7200 Lew Wallace 7823 Quintana 8108 William Moyers 9501 Giddings 9420 Thornton 9649 Messervy 7601 Don Gaspar 9215 Giddings 9629 Bolack 9500 Allande 9428 Thornton 9608 Allande 9212 Palomas 9416 Allande 9520 Allande 7609 Don Gaspar 7504 Calhoun 9543 Giddings 7300 Onate Ct 9636 Mendoza 9625 San Bernardino 9122 Meriwether 9208 Freedom Way 9432 Allande 9630 Macallan 9629 Rosas 9205 Ridgefield 9628 Messervy 9631 Macallan 9600 Seligman 7612 Don Gaspar 7704 Jacobo 9404 Allande 9400 Bent 9300 Macallan 9645 Seligman 9645 De Vargas Loop 9601 Seligman 9601 Seligman 7912 Ridgefield 9118 Meriwether 9623 Macallan 9612 Freedom Way 9415 Allande 7521 Lew Wallace 9412 Peralta 7823 Quintana 9543 Giddings 9415 Allande 9625 Rosas 9400 Bent 9500 Giddings 9539 Macallan 9637 Messervy 7428 Lew Wallace 9620 Allande 9517 Peralta 9621 San Bernardino 9216 Mabry 9108 Meriwether 9649 San Bernardino 7428 Lew Wallace 9521 Cargo 7219 Lew Wallace 9404 Bent 9508 Bent 9415 Peralta 9601 Peralta 9544 Bent 7404 Don Diego 9604 San Rafael 9420 Peralta 9608 San Rafael 7532 Lew Wallace 9404 Bent 9300 Macallan 9118 Thornton 9635 Redmont 9337 Mabry 9201 Hagerman 7429 Lew Wallace 9407 Peralta 9400 Freedom Way 9400 Thornton 9661 De Vargas Loop 9659 De Vargas Loop 9420 Thornton 9412 Bent 9304 Macallan 9111 Freedom Way 9119 Palomas 7504 Mabry Ct 9205 Wallace 9205 Wallace 7404 Don Tomas 9133 Hackney 9628 De Vargas Loop 9121 Surrey 7901 Rosas 9673 De Vargas Loop 9408 Peralta 9115 Palomas 9505 De Vargas Loop 9615 Palomas 7300 Don Diego 9604 Seligman 9109 Macallan



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Doug Crandall-President 294-5243

Neil Schwartz-Vice President 856-7956

Stephanie Jorgensen - Secretary 856-0032

Jeff Figiel-Treasurer 856-0042

Ann Crandall-Membership Questions
294-5243

Susan Tackman-Recycling 822-8761

Cynthia Benedict-Newsletter Coordinator
hear.newsletter@gmail.com

Email updates: If you would like to receive new updates between HEAR newsletters via email, please send a valid email address to Cynthia Benedict at: hear.newsletter@gmail.com. Also, please let her know if your email address has changed.



This is your neighborhood newsletter. Please Read!

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If you have already sent in your dues for 2013, Thank You! You may use this form to renew or new members may join now!

Membership notices for 2013 will be mailed out in February

Heritage East Association of Residents (HEAR) Membership Form

Last Name(s): _____

First Name(s): _____

Address: _____

Telephone No.: _____

Email Address: _____

(please distinguish between the number "1" and the letters "l" and "L", and the number "0" and the letter "O")

Membership dues are \$20.00* per household per calendar Year.

Please mark the appropriate box: Membership Renewal or New Member

Please make check or money order payable to HEAR and mail it along with this form to:

HEAR
PO Box 92465
Albuquerque, NM 87199-2465

* We welcome additional funds if you wish to contribute more to HEAR for neighborhood improvement projects