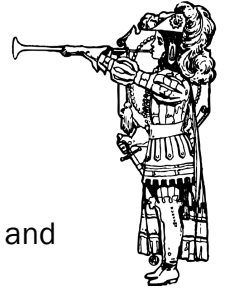


The Heritage East Herald

Volume XXV, Issue II September 2015



HEAR's Mission: Heritage East Association of Residents is committed to preserving and enhancing the beauty, safety, and enjoyment of our neighborhood.

Are we Neighborly or Merely Neighbors?

According to the 2010 census, in the square mile of Albuquerque in which our neighborhood is located we have 4,903 neighbors in 1734 homes. While Heritage East is only half of that square mile, we have bulk of the homes (1,249) and neighbors in our neighborhood. That is a lot of people in a relatively small area - meaning we have a lot of neighbors.

neighbor (noun neigh·bor \`nā-bər)

- : a person who lives next to or near another person
- : a person or thing that is next to or near another

-"Neighbor." Merriam-Webster.com. Merriam-Webster, n.d. Web. 15 Sept. 2015. <http://www.merriam-webster.com/dictionary/neighbor>.

You will notice that there is no mention of our relationships with our neighbors in this definition - only a reference to being near to each other. I don't know about you, but I like to think of my neighbors as more than the people that I live near. I prefer to think about my neighbors in terms of the relationships that I have with them, what I know about their lives, what they know about mine, and the mutual efforts we make to make each other's lives better. When we live close to each other we can't help but get to know each other in some way, but how is that knowledge shaped? By our interactions and actions. This is where the concept of being neighborly comes in:

neighborly (adjective neigh·bor·ly -lē)

- : helpful and friendly
- : of, relating to, or characteristic of congenial neighbors; especially : friendly

-"Neighborly." Merriam-Webster.com. Merriam Webster, n.d. Web. 15 Sept. 2015. <http://www.merriam-webster.com/dictionary/neighborly>.

Now this is something I can get behind. Through our interactions with each other we shape our relationships. If we are neighborly, then it is more likely that we will build friendly and supportive relationships with our neighbors. If we seldom interact, or if the bulk of our interactions are negative we can end up with quite different relationships. This is a long way of saying get to know your neighbors, look out for each other and help each other out when you can. It doesn't take much effort to build relationships with your neighbors that may result in new friendships, and folks that may have your back when you need them. What's not to like about that?

What does neighborly look like? Here are some examples from interactions with our HEAR neighbors:

Continued as "President's Message" on pg. 7

HEAR General Membership Meeting

HEAR will be holding the next general membership meeting in October. All Heritage East residents are invited and encouraged to attend!!

Date: Thursday October 15, 2015

Time: 7:00-8:00 pm (join us at 6:30 for a meet and greet.

Location: North Domingo Baca Multi-Generational Center, 7521 Carmel Ave NE (west of Wyoming, just north of Paseo del Norte.

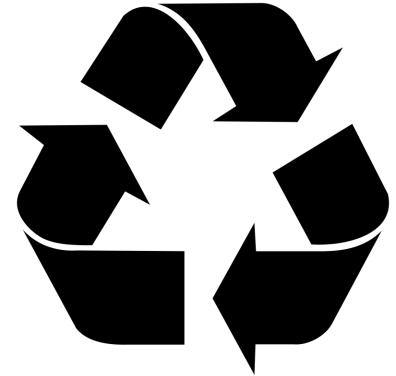
Topics on Agenda:

- Election of new board members
- President's report
- Treasurer's Report
- APD Critical Incident Unit will speak about communication and de-escalation strategies for incidents in the neighborhood.

Light refreshments will be provided

Aluminum Recycling Report

March-92 lbs., \$55.20
 April-110 lbs., \$68.46
 May-62 lbs., \$48.50
 June-123 lbs., \$56.25
 July-92 lbs., \$37.90
 August- 56 lbs., \$22.40



Next recycling date:
 Saturday October 3, 2015

Please save your recyclable aluminum for HEAR’s monthly recycling collection every first Saturday of the month from 8:30-11:00 a.m. at Rotary Park (7725 Quintana Dr.). All proceeds benefit HEAR. If you can’t make it to the park, call Susan Tackman, HEAR Recycling Chair at 822-8761 to arrange an alternative way to donate your aluminum.

Please note that the recycling company we work with has recently changed hands. Under the new management, while it can still be recycled, **aluminum foil must now be separated from the aluminum cans.** Thanks for your help with separating the foil and cans prior to bringing them to the park.

Thanks to everyone who participates in our recycling program! -*Susan Tackman*

SOLD

Once you make the decision to buy or sell a home, you should call a trusted agent with experience. Dianna has 25+ years’ experience and has been trusted by over 150 Heritage East homeowners.

Dianna Johnson

Dianna@JohnsonTeam.com

798-9222



Starting in October we will have several vacancies on the Board that we are recruiting members to fill. Please consider serving on the Board. For more information, contact Karl Benedict at hear.president@gmail.com or call 289-3943.

For The Birds

Another Summer is gone, and some birds have started South for the Winter. Many shore birds, which you are not likely to see in Heritage East, started moving South as early as July. Soon after the middle of August, Rufous Hummingbirds were plentiful at my feeder and driving away the Black chins and Broadtails. Things are a little quieter now. In late August I saw a female Ladder-backed Woodpecker drinking sugar water at the Hummingbird feeder, and surprisingly, eating, or trying to eat, thistle from the niger feeder. A small flock of Bushtits born just this summer are so tame that they feed in the Bird-of-Paradise shrubs within four or five feet of me, showing absolutely no fear.

I am still putting out a small amount of mixed grains, black oil sunflower seed, and niger even now when the living is easy, but in a couple of months I will increase them to the Winter amounts.

This article is a little different from my others in that it includes a bit of information on pollinators, particularly butterflies. Although largely overlooked by the average person, pollinators are very important, in fact, without them, most forms of life on Earth would be impossible. Some plants are pollinated by wind and some are self-pollinated, but most are pollinated by insects such as bees, butterflies, wasps, and in the New World, hummingbirds. Probably the biggest problems pollinators face today is habitat loss to urban sprawl and the continuing use of herbicides and insecticides. As the world population continues to grow, there seems to be little we can do to stop urban sprawl, but there are things that we as suburban home owners can do about the use of herbicides and insecticides. as well as what what we plant in our yards. The use of herbicides and insecticides give only temporary relief from plants and insects which we don't like, but their effects are not specific to their target species, so they kill many other plant species and insect species which are important pollinators.

Two of the things we can do to help pollinators are 1) Severely restrict or discontinue the use of herbicides and insecticides., 2) Plant mostly native plant species which pollinators favor and to which they are adapted.

Some of these plants are: Acacia (*Acacia sp.*), Yarrow (*Achillea sp.*), Milkweed (*Asclepias sp.*), Aster (*Aster sp.*), Butterfly Bush (*Buddleia davidii*), Birds of Paradise (*Caesalpinea sp.*), Buck Brush (*Ceanothus sp.*), Rabbitbrush (*Chrysothamnus nauseous*), Fleabane Daisy (*Erigeron sp.*), Blanket flower (*Gaillardia sp.*), Sunflower (*Helianthus annuus*), Gayfeather (*Liatrus punctata*), Honeysuckle (*Lonicera sp.*) Alfalfa (*Meticago sativa*), Mint (*Mentha sp.*), Bee-balm (*Monarda sp.*), Catnip (*Nepeta cataria*), Phlox (*Phlox sp.*), Russian Sage (*Perouskia atripilicifolia*), Rosemary (*rosemarinus officinalis*), Prairie Cone Flower (*Ratibidia columnaris*), Coneflower (*Rudbeckia sp.*), Sage (*Salvia sp.*), Groundsel (*Senecio sp.*), Goldenrod (*Solidago sp.*), Marigold (*Tagetes sp.*), Zinnia (*Zinnia sp.*).

Happy Autumn,

Bob Buttery, *Heritage East resident*



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WINESHOP AT HOME

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Scan to view our Website!

Security Column



Neighborhood Security

For emergencies call 911. For non-emergency incidents TRU Security can be contacted, day or night, at:

505-515-0067

While we encourage you to send an email to HEAR at hear.newsletter@gmail.com about suspicious or criminal activity in the neighborhood, this should not take the place of calling 242-COPS for non emergency law enforcement



All of us play a role in keeping our neighborhood safe!

HEAR Website

We encourage you to check our neighborhood’s website regularly. It provides:

- information on upcoming events in the neighborhood
- contact information for Board members and key City offices
- a membership form for submitting your membership electronically, or printing and mailing your check and the membership form to the Treasurer.
- Back issues of newsletters.

website address: <http://hear-online.org>

Email Updates

HEAR sends out frequent email updates with helpful information regarding things like lost and found animals and items of value, suspicious activity, upcoming events, and notifications of proposals that have a potential to impact our neighborhood. **Please note:** As of April 30, 2015 these updates are only being sent only to those residents who are paid members of HEAR in 2015 and who have provided an email address.

Benefits of Membership

By becoming a dues paying member of HEAR:

- you are helping to support and fund neighborhood improvement and beautification projects.
- You are helping to cover the expense of the Security Team that patrols the *entire* neighborhood.
- You are helping to cover the expense of printing and mailing the bi-annual newsletter.
- You are helping to cover a variety of miscellaneous costs such as the neighborhood’s dues as part of the District 4 coalition, refreshments for general membership meetings, postage for HEAR correspondence etc.
- You are showing your support of HEAR volunteers who attend and represent the neighborhood at important meetings, contact residents regarding zoning violations, and coordinate with a variety of City departments to address issues that are brought to the attention of the HEAR Board.
- You will receive frequent email updates with helpful information regarding things like lost and found animals and items of value, suspicious activity, upcoming events,

*****PLEASE JOIN TODAY*****

<http://hear-online.org/online-membership-form/>



Thank you for a Job Well Done!!

Next month several of the HEAR Board members will be rotating off the Board. Some have served for multiple terms. HEAR wishes to thank those Board members who have served and made meaningful contributions to our neighborhood: These include (L-R): Jeff Figiel, Doug Crandall, Ann Crandall, Marvin Spallina, Debbie Green (not pictured), and Dave Mulder (not pictured)

"Something to smile about."

- Exams/Oral Cancer Exam - Velscope™
- Teeth Whitening One Appointment
- Porcelain / CEREC® Crowns - One Appt.
- Porcelain Veneers
- Crowns & Bridges
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Digital X-Rays (Uses Less Radiation)
3D Cone Beam Imaging

New Patients Welcome
Monday - Saturday Appointments

DR. LINDA NICHOLS
DR. CHRISTINE LENHOFF
drlindakaynichols.com

292-3933
3900 Eubank Blvd NE, Ste 11

Words of Wisdom
How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and strong. Because someday in your life you will have been all of these.

George Washington Carver

*Renew or Sign Up For Your
HEAR
Membership Now !*



Through our new online
signup and secure
payment page



<http://hear-online.org/online-membership-form/>

HEAR Treasurers' Report Summary

Dear HEAR residents:
The July Membership drive resulted in over 100 new members. The total memberships for 2015 to date are 438, which represents approximately 35% of the homes in the Heritage East neighborhood. Please keep encouraging your neighbors to join, it helps all of us. The income for the year has been \$12,615, and the expenses were \$11,066. The majority of the income has come from membership dues (\$11,900), but newsletter advertising and recycling have contributed \$262 and \$441 respectively. The neighborhood security patrol continues to be the largest expense (\$8562), but expenses such as the newsletter and membership drive flyer printing and mailing (\$1,376), and beautification (\$1,000) are significant, required, and important.

Jeff Figiel, *Treasurer*

REMEMBER TO VOTE

The upcoming Municipal Election will be held on **Tuesday October 6, 2015**. Four of the 8 City Council seats will be up for election, including District 4 (where Heritage East is located). In addition, there will be a vote on eleven bond questions, three amendments to the City Charter, a question on raising the gross receipts tax, and a vote whether to allow the City Council to re-allocate bond monies on the ballot.

Early voting runs from September 16th-October 2nd, from 9:00 am to 6:00pm weekdays, at any polling location. The closest polling location to Heritage East is the North Domingo Baca Multigenerational Center. A photo ID is required to vote in City of Albuquerque elections. The League of Women Voters 2015 voter's guide is now online. (lwwabc.org).



Amy McGuckin
REAL ESTATE
ASSOCIATE BROKER

(505) 263-2519
amymcguckin@aol.com



LEGACY
10400 Academy Rd NE
Suite 100
Albuquerque, NM 87111
(505) 293-3700

INTERESTED IN
BUYING OR SELLING?

Call me today for a
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I am a long time resident of
Heritage East
and will represent you in the
manner that I would want to be
represented if I were buying or
selling my home.

FREE

Tram tickets based on availability.

Call Today!

President's Message continued:

- Cleaning up after your dog wherever you are and even picking up someone else's messes when you can
- Walking over to your neighbor's house and knocking on the door to check to see if they intended to leave their garage door open
- Keeping an eye out for unfamiliar cars parked in your neighbor's driveway - especially when they're not home - and acting on your suspicion
- Organize and participate in a block party with your neighbors
- Drive safely with an eye out for kids and pets in the street
- Talk with your neighbors early about potential issues before calling the neighborhood association or the City to take care of it for you
- Keep your dog on a leash

Finally, speaking of neighborly - I want to thank all of our neighbors who have stepped forward to make our neighborhood a better place through their service on the HEAR Board and as volunteers for our various activities.

- Doug and Ann Crandall
- Neil and Gloria Schwartz
- Jeff Figiel
- David Mulder
- Marvin Spallina
- Debbie Green
- John Vale
- Cynthia Benedict
- Abhaya Datye
- Dave Allen
- Juelie Loftin
- Del Lindsay
- Walter Blood
- Denver Goodman
- Susan Tackman

These are just some of the many members of our neighborhood that exemplify the meaning of neighborly. Please thank these folks next time you see them and thank anyone else who you think has made our neighborhood the great place we call home.

Thanks,
Karl Benedict, HEAR Board President



New Client Promotion

1st hour yard cleanup only \$49 *

(2 man crew)

Regularly \$79/hr

Call To Schedule 792-3600

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 your Heritage
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Lauren Budner, REALTOR®



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NMDreamHomes.com



6565 America's Parkway NE, Albuquerque, NM 87110

HEAR Officers & Committee Chairs

Karl Benedict-President 289-3943
hear.president@gmail.com

Neil Schwartz-Vice President 856-7956

Dave Mulder- Secretary 821-0050

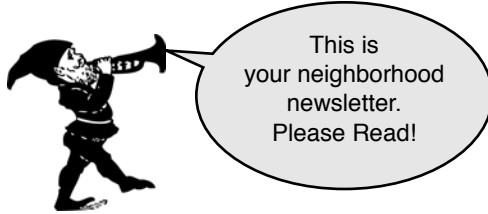
Jeff Figiel-Treasurer 856-0042

Ann Crandall-Membership Questions
294-5243

Susan Tackman-Recycling 822-8761

Cynthia Benedict-Newsletter Coordinator
hear.newsletter@gmail.com

Email updates: Members are eligible to receive updates between HEAR newsletters via email. Please include your email address when you fill out the form to join or renew your membership. If your email address changes after you have sent in your membership dues, please contact Cynthia Benedict at: hear.newsletter@gmail.com. and provide an updated address.



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Time-Sensitive Material. Deliver Promptly.
Postmaster: Please deliver by September 25, 2015



Heritage East Association of Residents (HEAR) Membership Form

If you have already sent in your dues for 2015, **Thank You!**

You may use this form to *renew* your membership or *join* for the first time.

You can also sign-up and pay online at: <http://hear-online.org/online-membership-form>



Last Name(s) _____

First Name(s) _____

HEAR Street Address _____
Physical address in the neighborhood

Newsletter Delivery Preference:

- Paper Copy (via mail)
- Electronic Copy (via provided email)
- Both Paper & Electronic
- None

Email Address _____
For delivery of the Neighborhood Newsletter (if requested) and email updates. Please differentiate between "1" and "0" (zero) and similar letters

Alternative Mailing Address _____
If you would like the Neighborhood Newsletter delivered to a different address than your HEAR Street Address

Phone Number: Home _____ Other _____

Notes or Comments _____

Membership Dues are \$25/calendar year per household. Please make your check or money order out to HEAR and mail it, along with this form to:

HEAR, PO Box 92465, Albuquerque, NM 87199-2465