



The Heritage East Herald

“Preserving and enhancing the beauty, safety, and enjoyment of our neighborhood”

Vol. XXXII No. II | Fall 2022

President’s Message



Greetings neighbors! The last few months have seen many improvements and events in our neighborhood. Spring brought the planting of “Bruce the Spruce” at Rotary Park, as well as our first annual Easter Egg Hunt, attended by throngs of eager children. The summer months included beautification

projects to the Ventura medians and Heritage Hills Park, as well as another successful National Night Out. Thank you to all the neighbors who participated in these events, and a special thanks to the volunteers who made them possible.

As we look ahead, Fall looks no less busy. On Saturday September 24th, Heritage East will participate in the city’s Fall Neighborhood Cleanup Initiative. On October 15th, we’ll have trees planted throughout the neighborhood as part of the ABQ NeighborWood Program, and on October 22nd there will be a giveaway of another 100 trees! Please check out the articles on these events for more details.

Meanwhile, the monsoons have finally come, and there is life sprouting from every crack. Residents are scrambling to make sure their yards look fantastic as always. Please let us know if there are any massive weeds that need attention or if anyone needs a hand with their weed removal. We rely on your help to keep us apprised of issues across the neighborhood.

As always, it’s a pleasure serving this community and I look forward to all the things we will accomplish together. Reach out at any time, I look forward to hearing from you.

Daniel Martinez, HEAR President

October General Membership Meeting

The HEAR General Membership Meeting will be held on October 20, 2022 at the North Domingo Baca Multi-Generational Center from 6:00 PM to 8:00 PM. All Heritage East residents are encouraged to attend this meeting and share your ideas or concerns. Given the upcoming November election, HEAR has invited Bernalillo County Sheriff candidates Paul Pacheco and John Allen, as well as Legislative District 27 candidates, Marian Matthews and Bob Godshall, to address our General Membership meeting. Please join us!

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Fall Neighborhood Cleanup

Keep Albuquerque Beautiful has invited neighborhoods from all over the city to take part in their Fall Neighborhood Cleanup Initiative on September 24th from 9 AM to 12 PM.

HEAR is looking for volunteers to help clean the shared spaces in Heritage East. We’d also love to hear your thoughts on areas around the neighborhood that could use tidying.

Free trash bags and gloves will be provided for volunteers, and city trucks will pick up filled garbage bags from Rotary Park at the end of the event. This is a great opportunity to get children involved in caring for and improving their community. Contact HEAR.president@gmail.com to share your ideas and volunteer.



Tree Planting With ABQ NeighborWoods

ABQ NeighborWoods is a collaboration between Tree New Mexico, the City of Albuquerque, New Mexico State Forestry, Southwest Tree Specialists, Apache Corporation (donates giveaway trees), local tree growers, neighborhood leaders, and local landscape architects to enhance our urban forest. ABQ NeighborWoods provides funding, training, and consulting professionals for neighborhood members in order to plant 100 street trees and perform tree giveaways of 100 small trees in each neighborhood!

Through the support of Councilor Brook Bassan and the City of Albuquerque and Brook Bassan, Heritage East will be the lucky recipient of 200 trees over the next few months.

On October 15th, volunteers will be planting 100 trees in Heritage East yards. If you would like to be part of this program and receive a tree, or want to help on with planting, learn more at treenm.org or contact HEAR.president@gmail.com. We need to line up tree recipients by the end of September, so help spread the word!

The following weekend, on October 22nd, ABQ NeighborWoods will be hosting a mass giveaway of 100 additional trees, including some fruit trees! We hope Heritage East residents will get involved and take advantage of this incredible opportunity to beautify, cool, and improve our neighborhood.



Treasurer's Report

We started the 2022 calendar year with \$12,253.04 in our bank account. During the first half of calendar year 2022 we received \$4,492.54 in membership dues and donations, \$589.88 in recycling revenue and \$0.77 in bank interest. Thank you very much for that! We had 142 households that paid their membership dues. We spent \$2,442.55 in the first half of the year on the PO Box annual fee (\$212.00), Board and volunteer appreciation dinner and gift cards (\$763.42, this was the first appreciation dinner since COVID), Newsletter

including postage (\$1,166.64), Easter Egg Hunt supplies (\$219.58), and new HEAR banner (\$80.91). At the half-way mark of the calendar year, we now have \$14,893.68 in the bank.

Craig Simons, HEAR Treasurer

HEAR Aluminum Recycling Update

HEAR Aluminum Recycling takes place on the first Saturday of every month from 8:30 to 11 AM in the parking lot of Rotary Park. Look for the pick-up truck with a magnetic sign advertising HEAR Recycling. All recycling proceeds directly support HEAR projects.

All aluminum is eligible for recycling, but aluminum cans should be bagged separately from any other aluminum (e.g. foil, roasting pans and pie plates). Pet food cans that do not have white lining are generally not aluminum. As a rule of thumb, if a magnet sticks to a can, it is *not* aluminum.

The last five months of recycling have generated over \$300 for Heritage East, as shown in the table below. Thanks to everyone in our neighborhood for saving their aluminum cans. As you can see, it adds up!

Month	Aluminum	Total
May	140 lbs	\$84.00
June	139 lbs	\$79.89
July	111 lbs	\$45.51
August	141 lbs	\$57.49
September	90 lbs	\$36.00

The recycling Saturdays for the remainder of 2022 are October 1st, November 5th, and December 3rd, 8:30 to 11 AM in Rotary Park. We'll see you there!

Susan Tackman, Recycling Coordinator

Green Chile Ranch Recipe

This is a quick crowd favorite you can use on just about anything, from salads to a dip for just about any side or entree.

- » ½ cup sour cream
- » ½ cup buttermilk
- » ¼ cup mayonnaise
- » 2-3 garlic cloves, minced
- » 1 teaspoon salt
- » ¼ teaspoon pepper
- » 1½ teaspoons dried dill
- » ¼ cup finely chopped fresh chives
- » 2-3 teaspoons fresh lemon juice
- » ½ cup of chopped roasted green chile

Combine all ingredients and stir until well mixed. Enjoy!

Saving Resources, Saving Money

The New Mexico Gas Company (NMGC) is reaching out to neighborhood associations to spread the word about programs designed to help residents save energy and money throughout their home. In addition to a home energy analyzer and energy conservation tips, the NMGC offers several rebates for residents. Rebates are available for water heaters, space heaters, thermostats, insulation, and high efficiency shower heads.

You can learn more about these programs and resource conservation in general at https://www.nmgco.com/en/energy_efficiency.

Heritage Hills Park Gatekeepers Needed

Since April 2018, a group of neighbors has been closing and opening the gate at Heritage Hills park. These neighbors stood up after it became apparent that the park was being used for illegal activities at all hours during the day and night.

Our efforts have been very successful in making the park safer and cleaner for the entire community, however we need to increase our volunteer base. Volunteers open and close the park gate at the Ventura entrance about 30 minutes before sunrise and after sunset, respectively, and let lingering park-goers know about the gate-closure. If you are interested in helping your neighborhood by assisting, when possible, with opening and securing the gate, please contact Paul Jessen at (505) 313-3684.

Paul Jessen, HEAR Secretary & Park Steward

Thefts From Unlocked Vehicles

Heritage East resident Michael Robledo contacted HEAR earlier this Summer after observing individuals checking vehicles for unlocked doors on multiple occasions over the last few months. Michael is warning other residents to be diligent about locking their vehicles to discourage thefts, as well as encouraging residents to file a police report if a theft does occur. Police reports of auto burglary and other types of non-violent crime can be filed online through the city's website at www.cabq.gov/police/file-a-police-report-online.

Filing a police report of any incident is important so that APD can accurately assessment of the level of crime, as well as any patterns or opportunities for patrol or specific operations in the area.

To discourage auto theft and burglary, the Albuquerque Police Department recommends that residents always roll up vehicle windows completely and lock the doors, and leave nothing in plain-view inside the vehicle. Additionally, APD reminds residents to never leave the following items in a parked vehicle:

- » vehicle titles
- » garage door openers
- » laptops/cell phones
- » luggage/wallets/purses
- » cash
- » firearms
- » mail/financial or legal documents

More tips can be found at https://www.cabq.gov/police/documents/Auto-Theft-and-Burglary_Awareness.pdf. Please follow these recommendations to reduce your chances of becoming a victim of auto theft or burglary, and help make our neighborhood undesirable to potential criminals.

Bus Stop Etiquette

School is back in session, which brings up the perennial issue of bus stop etiquette. APS buses stop in front of, behind, and along the side of homes throughout Heritage East. All of these homes have driveways, yards, and sidewalks with landscaping and property that should be respected and left intact by bus riders.

If your children ride the APS bus, please remind them that the driveways, sidewalks and yards at their bus stop are private property. They should not infringe on these areas for both their safety and the privacy of their neighbors.

This is an issue that comes up every year but hopefully we can help to reduce issues by raising awareness. Please take some time to educate children about bus stop etiquette and remind them that respecting our neighbors means respecting their privacy and their property.



Heritage East Real Estate Forecast

Looking back at a year ago, home borrowing costs were at historic lows with the 30-year fixed rate mortgage at 2.80%. Fast-forward to the current environment, where borrowing rates have doubled and inflation has hit a 40-year high. All the while, the labor market is still relatively strong, with record job numbers in the most recent data!

Recently the Federal Reserve embarked on a mission to reduce inflation by hiking interest rates by 0.75% - the largest

monthly increase since 1994. The Fed rate hikes are intended to cool inflation, slow economic growth, and slow down the labor market. If such ‘economic cooling’ is successful, long-term rates, such as the 30-year fixed rate, should move lower.

In mid-June, the 30-year fixed rate mortgage hit a 14-year high near 6% and has since declined to 5.30%. We could see lower borrowing costs ahead if inflation inches lower.

The bottom line: home loan rates appeared to peak in June. We’re now seeing rates come down and more housing inventory coming to market. Now is a great time to jump into the pool of homeownership with prices and rates off their recent highs.

*Elizabeth Stock, Legacy Mortgage
505-804-5037, NMLS: 262990*

HEAR Membership

Right now is the perfect time to renew or sign up for your HEAR membership. Simply complete the membership form enclosed in this newsletter or visit hear-online.org/online-membership-form to sign up. The modest membership dues of \$25/year contribute to neighborhood beautification projects, social events, Welcome Baskets, the Fall and Spring newsletter, and more!

Firearm Safety

A recent study from the RAND corporation estimates that roughly 46% of adults in New Mexico live in a household with a firearm. According to data from the Johns Hopkins School of Public Health, firearms were the leading cause of death among children and teens (ages 1-19) in New Mexico.

The Albuquerque Police Department is encouraging all residents to commit to firearm safety by reducing unauthorized access to firearms, particularly by children. APD provides three simple reminders to help improve safety for all and potentially prevent a tragedy:

1. Use a safe storage method for firearms.

Options include

- » trigger lock
- » cable lock
- » gun safe/lock box/locking storage case

2. Talk to children about gun safety.

If they find a firearm, children should know to:

- » STOP!
- » Don’t Touch!
- » Get Away!
- » Tell an Adult!

3. Immediately report a lost or stolen firearm.

Additional resources on firearm safety are available from New Mexicans to Prevent Firearm Violence (www.newmexicanstopreventfirearmviolence.org), Safe Kids International (www.safekids.org/tip/gun-safety-tips) and Project ChildSafe (projectchildsafe.org/parents-resources).



What Goes In the Big Blue Bin?

Albuquerque has an excellent curbside recycling program, but not everything can go in the big blue bin. Follow the city’s guidelines to make sure you’re recycling the right way.

In The Blue Bin

- Paper
 - » Newspapers
 - » Magazines
 - » Junk Mail
 - » Corrugated Cardboard
 - » Cereal/Cracker Boxes
 - » Milk & Juice Boxes
 - » Phone Books
 - » Books
 - » Brown Paper Bags
 - » Paper Egg Cartons
- Plastic
 - » #1-7 Plastics
 - » Other Rigid Plastics
- Metal
 - » Aluminum Cans
 - » Tin Cans
 - » Foil & Pie Pans
 - » Small Electronics
 - » Pots & Pans
 - » Small Appliances

NOT In The Blue Bin

- » Yard Waste & Wood
- » Pizza Boxes
- » Glass
- » Garbage
- » Food
- » Hazardous Waste
- » Sharp Metal
- » Hoses/Cords
- » Batteries
- » Light Bulbs
- » Motor Oil Bottles
- » Medical Waste
- » Needles
- » Pharmaceuticals
- » Styrofoam
- » TVs
- » Computer Monitors
- » All Plastic Bags

Read on to find out how you can properly recycle or dispose of many of these items!



Keeping Up With HEAR Happenings

To receive updates between HEAR newsletters please include your email address when you fill out the form to join or renew your membership. If your email address changes or you would like to be added to our email list, please contact our newsletter coordinator at hear.newsletter@gmail.com You can also connect with HEAR through our other channels:

- » HEAR Website - hear-online.org
- » Twitter - twitter.com/hear_online
- » Facebook - facebook.com/HearOnline
- » Next Door - nextdoor.com

HEAR Officers and Volunteers

Office	Name	Contact
President	Daniel Martinez	hear.president@gmail.com
Vice President	Vacant	
Secretary	Paul Jessen	
Co-Treasurer	Craig Simons	hear.treasurer@gmail.com
Board Member	Phyllis Martinez	
Board Member	David Allen	
Recycling	Susan Tackman	(505) 822-8761
Welcome Baskets	Joe Jenkins	
Newsletter	Elena Allen	hear.newsletter@gmail.com

Image Credits

- » School Bus - aps.edu
- » Neighborhood Cleanup - keepalbuquerquebeautiful.com
- » Tree Planting - treenm.org
- » Firearm Lock - projectchildsafe.org
- » Blue Recycling Bin - krqe.com

- » Green waste: the Solid Waste Department will pick up residential green waste at no cost between Nov 28th and Dec 9th on residents' regular trash collection day. At other times of the year, green waste can be taken to the Eagle Rock Convenience Center.
- » TVs, Computers, Cell Phones, cords, and other electronic waste: smaller electronic items can be recycled at the Eagle Rock Convenience Center or any Goodwill Donation Center, the closest being at 7120 Holly Ave NE. Residents can call 311 for pickup of larger electronic items such as TVs.
- » Glass: glass can be conveniently recycled in the designated yellow bin at one of the city's drop-off locations, the closest being in the Albertsons parking lot on the corner of Paseo Del Norte and Ventura.
- » Pharmaceuticals: medications may be properly disposed of by taking them to any of the police substations, the closest being the Northeast Area Command substation at Wyoming and Osuna. Details and instructions are provided at www.cabq.gov/police/programs/pharmaceuticals.
- » Batteries: batteries (both alkaline and rechargeable) can be taken to retailers such as Home Depot, Lowe's, and Best Buy, who have partnered with battery recycling programs.
- » Hazardous Household Waste: some types of hazardous waste can be taken to the Household Hazardous Waste Collection Center (HHWCC) at no charge. The HHWCC is operated by ACT and is located at 6137 Edith NE. The HHWCC will happily accept fluorescent light bulbs, latex paints, paint thinner, batteries, insecticides & poisons, and other things you've never known what to do with and just keep on the garage shelves for perpetuity.
- » Plastic Bags: plastic bags can be recycled at a large number of retail locations, including Albertsons, Smith's, Lowe's, and Target.

**“All will concede that
 in order to have good
 neighbors, we must also
 be good neighbors.
 That applies in every field
 of human endeavor”
 - Harry S. Truman -**

Heritage East Association of Residents
PO Box 92465
Albuquerque, NM 87199-2465

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Time-Sensitive Material. Deliver Promptly
Postmaster: Please Deliver by Friday September 16, 2022

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Heritage East Association of Residents (HEAR) Membership Form

If you have already sent in your dues for 2022, **Thank You!**

You may use this form to renew your membership or join us for the first time.

You can also sign-up and pay online at <http://hear-online.org/online-membership-form>



Last Name(s) _____

First Name(s) _____

HEAR Street Address _____

Physical address in the neighborhood

Email Address _____

For delivery of email updates. Please differentiate between similar letters/numbers - e.g. between 1/l and 0/0

Phone Number: Home _____ **Other** _____

Notes or Comments _____

Membership dues are \$25 /calendar year per household. Please make your check or money order out to HEAR and mail it, along with this form to: **HEAR, PO Box 92465, Albuquerque, NM 87199-2465**